# Supporting Complex Care Patients grant brief

Request for Application deadline:
Friday, December 18, 2026, 5:00 pm ET



## Our commitment

We're investing **$10.5 million over three years** to support patients living with complex health conditions and their caregivers. **When treatment is complicated, no one should have to navigate it alone.**

## Our why

People living with complex health conditions often face non-clinical barriers to treatment.

Transportation, financial strain, caregiver burden, and difficulty navigating available resources and services can create significant barriers.

Nonprofit organizations can play a critical role in helping address these challenges by connecting patients and caregivers with the practical resources, education, and support they need.

Through this grant program, we seek to strengthen the support that surrounds clinical care, helping patients and caregivers overcome non-clinical barriers and navigate their complex health conditions.

## Our call to action

We seek to support nonprofit organizations that work closely with patients who have complex conditions. In the first year of this grant program, we aim to award grants to nonprofits working with patients living with one of the following:

**Autoimmune and Inflammatory Conditions**

**Blood Disorders**

**Cancer**

**Neurological Conditions**

**Rare Diseases**

THE CIGNA GROUP FOUNDATION

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Nonprofit partners should select the **grant program goal** that best aligns with their proposed projects and identify the related activities and intended outcomes associated with that goal.

## Grant program goal 1

**Strengthen services that provide care coordination, education, and support for patients living with complex health conditions and their caregivers.**

### Related Activities

(Nonprofit partners select their top 3.)

- Care coordination and patient navigation across providers, benefits, and support services
- Patient and caregiver education on disease management and treatment plans
- Benefits and financial navigation
- Peer mentoring, patient support groups, and caregiver support programs
- Mental health and emotional support resources

### Related Outcomes

| Outcome area | Description |
|---|---|
| **Knowledge and Self-Management** | Improved knowledge, confidence, self-advocacy, and ability to navigate care systems and treatment plans. |
| **Social Connectedness and Support** | Stronger peer, caregiver, and community connections that reduce isolation, increase emotional support, and encourage use of mental health resources. |

## Grant program goal 2

**Reduce non-clinical barriers that impact a patient's ability to initiate, navigate, and adhere to a complex care treatment plan.**

### Related Activities

(Nonprofit partners select their top 3.)

- Caregiver respite and support services
- Technology and digital access support for telehealth or treatment management
- Transportation assistance
- Food and nutrition support
- Housing assistance
- Financial assistance and resource referrals

### Related Outcomes

| Outcome area | Description |
|---|---|
| **Social Needs Stability** | Improved access to resources and services that support patients and caregivers outside of treatment. |
| **Patient and Caregiver Well-being** | Improved emotional well-being and reduced caregiver strain through respite, peer, and community support. |

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## Grant program process, eligibility, and requirements:

- The RFA and full application are two distinct steps.
  - **First step:** The RFA link available on our website will direct you to the grant application portal to complete the RFA.
  - **Second step:** If eligible and invited to submit a full application, you will receive an email with a link to access it. Please note the dates in the timeline for these steps.

## Eligibility:

- Eligible organizations must be registered 501(c)(3) charitable organizations that meet the applicable Internal Revenue Code requirements (see FAQ) and be registered in the Benevity Causes Portal.
- Organizations must have an **annual operating budget of at least $250,000** and have been in operation for **at least two years**.

## Budget:

- The budget narrative should reflect eligible expenses required for the specific grant request only. Salaries for staff members are allowable for related program implementation. Non-eligible expenses include fringe benefits, payroll taxes, general operating expenses, and administrative and indirect costs.

## Progress and outcomes reporting:

- **Two progress check-ins** at 6 months and 18 months, including the number of individuals served.
- **Two outcome reports** at the end of Year 1 and at the conclusion of the two-year grant term.

Additional details, including the link to the RFA, can be found on The Cigna Group Foundation website.

**Grant amount**: $250,000

**Grant term**: Two years

**Grant project delivery:**

Must serve one of the following states:*

| | |
|---|---|
| Arizona | Missouri |
| Connecticut | New Jersey |
| Florida | Pennsylvania |
| Georgia | Tennessee |
| Illinois | Texas |

**Grant program timeline:**

| | |
|---|---|
| **11/19/2026** | RFA opens |
| **12/18/2026** | RFA closes |
| **12/23/2026** | Invite to submit full application (if eligible) |
| **1/20/2027** | Full application due |
| **Late March 2027** | Decision notification |
| **5/1/2027 – 4/30/2029** | Grant term |

* National organizations may be eligible with existing partnership/program delivery model for states listed.

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