

733904_22_Cigna Vitality Social Cut_Captioned.mp4

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There's an energy that lives inside all of us. The more we feed it, the more it fuels us. It helps us bring our best selves to the world every day. What is it? Vitality. No matter what age you are or what shape you're in, no matter where you're from or what you do, you can feel the power of vitality. All you need to do is tap into it.